



Session - 3 Main Pool

Event 301 Female 15 /Ov 200m Superlifesaver

Heat Number - 1

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|----------------|-----|--------------|---------|
| 1 | (2) | Emily REMMER | 15 | Retford&Dist | 4:02.48 |
| 2 | (4) | Ruth MCDOUGALL | 40 | Belfast Olym | 3:54.30 |
| 3 | (6) | Bea SHELLEY | 18 | Retford&Dist | 3:51.00 |
| 4 | (8) | Emme SMITH | 16 | RASCALS | 3:46.27 |
| 5 | (7) | Helene AUFORT | 48 | Belfast Olym | 3:50.00 |
| 6 | (5) | Abi CORRANCE | 17 | Retford&Dist | 3:51.44 |
| 7 | (3) | Hannah CARTY | 26 | St John Berc | 3:55.00 |
| 8 | (1) | Chloe TURNER | 15 | Retford&Dist | 4:53.18 |

Heat Number - 2

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|--------------------|-----|--------------|---------|
| 1 | (10) | Hannah THOMPSON | 21 | St John Berc | 3:45.00 |
| 2 | (12) | Isobelle WILKINSON | 17 | Retford&Dist | 3:42.13 |
| 3 | (14) | Abigail MARKS | 17 | North Worcs | 3:40.00 |
| 4 | (16) | Eva HARRINGTON | 23 | St John Berc | 3:39.00 |
| 5 | (15) | Chloe MALONEY | 15 | Leeds Phoeni | 3:40.00 |
| 6 | (13) | Ellie Mae DODD | 17 | Blyth LG&SC | 3:40.00 |
| 7 | (11) | Lily FIRM | 19 | Retford&Dist | 3:44.74 |
| 8 | (9) | Katie MALLET | 24 | Uni of Birmi | 3:45.00 |

Heat Number - 3

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|--------------------|-----|--------------|---------|
| 1 | (18) | Iris THURGUR | 15 | Bournemouth | 3:36.00 |
| 2 | (20) | Rachel HEALEY | 43 | RASCALS | 3:30.35 |
| 3 | (22) | Catherine DOYLE | 16 | Belfast Olym | 3:30.00 |
| 4 | (24) | Jade MCGREGOR | 17 | GLASGOW | 3:30.00 |
| 5 | (23) | Rebecca MURRAY | 17 | Blyth LG&SC | 3:30.00 |
| 6 | (21) | Abbie DUROE | 16 | Vale SLSC | 3:30.00 |
| 7 | (19) | Francesca RICHARDS | 16 | Retford&Dist | 3:34.00 |
| 8 | (17) | Lauren VOCE | 20 | Heanor S&LSC | 3:38.58 |

Heat Number - 4

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|----------------|-----|--------------|---------|
| 1 | (26) | Aydrian COPE | 15 | RASCALS | 3:28.26 |
| 2 | (28) | Anna MCCOMISH | 17 | Belfast Olym | 3:25.00 |
| 3 | (30) | Jennifer PENNY | 41 | Bournemouth | 3:22.88 |
| 4 | (32) | Beth CAMPBELL | 16 | Belfast Olym | 3:22.58 |
| 5 | (31) | Nicola TASKER | 42 | Retford&Dist | 3:22.74 |
| 6 | (29) | Anna DOYLE | 18 | Belfast Olym | 3:22.46 |
| 7 | (27) | Daisy CARR | 16 | Blyth LG&SC | 3:25.26 |
| 8 | (25) | Tegan BIRD | 18 | Bournemouth | 3:29.67 |

Heat Number - 5

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|-----------------|-----|--------------|---------|
| 1 | (34) | Grace CLARK | 15 | RASCALS | 3:22.02 |
| 2 | (36) | Ragne FJELDHEIM | 18 | Norwegian LS | 3:21.30 |
| 3 | (38) | Mae JOHNSTONE | 17 | Leeds Phoeni | 3:16.26 |
| 4 | (40) | Lily COLLIER | 19 | Leeds LS | 3:15.53 |
| 5 | (39) | Ella BROUGH | 17 | RASCALS | 3:15.59 |
| 6 | (37) | Iona HALFORD | 30 | East Kilbrid | 3:18.00 |
| 7 | (35) | Niamh RONAN | 33 | St John Berc | 3:22.00 |
| 8 | (33) | Eva CHAPMAN | 17 | Retford&Dist | 3:22.36 |

Heat Number - 6

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|------------------------|-----|--------------|---------|
| 1 | (42) | Elizabeth COLLIS | 15 | Beacon LSC | 3:15.00 |
| 2 | (44) | Shaunna ANDERSON | 32 | East Kilbrid | 3:12.00 |
| 3 | (45) | Olivia CAMPBELL | 18 | Belfast Olym | 3:10.03 |
| 4 | (47) | Marie FRYDENBO-BRUVOLL | 16 | Beacon LSC | 3:07.80 |
| 5 | (46) | Kate MOORE | 17 | Belfast Olym | 3:09.96 |
| 6 | (64) | Alaw DAVIES | 21 | Lboro Studen | 3:11.48 |
| 7 | (43) | Ciara RODGERS | 17 | Belfast Olym | 3:13.61 |
| 8 | (41) | Lucy TERRINGTON | 19 | Belfast Olym | 3:15.41 |

**Heat Number - 7**

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|------------------------|-----|--------------|---------|
| 1 | (49) | Eloise DICKERSON WEEDY | 22 | Blyth LG&SC | 3:01.20 |
| 2 | (51) | Meabh RODGERS | 19 | Belfast Olym | 3:00.04 |
| 3 | (53) | Abigail DAVIES | 19 | Rest Bay SLS | 2:57.00 |
| 4 | (55) | Emily PARKER | 21 | Vale SLSC | 2:48.00 |
| 5 | (54) | Samantha CARPENTER | 28 | Blyth LG&SC | 2:48.47 |
| 6 | (52) | Elena QUINN | 15 | RASCALS | 2:58.77 |
| 7 | (50) | Kirsten DALY | 18 | RASCALS | 3:01.14 |
| 8 | (48) | Zophia QUIGLEY | 17 | Belfast Olym | 3:05.00 |

Heat Number - 8

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|------------------|-----|--------------|---------|
| 1 | (57) | Eve Ruby HICKMAN | 19 | Rest Bay SLS | 2:45.80 |
| 2 | (59) | Sally CARTER | 28 | RASCALS | 2:40.61 |
| 3 | (61) | Heather WATSON | 18 | RASCALS | 2:37.56 |
| 4 | (63) | Emma HENDERSON | 26 | Union LSC | 2:29.49 |
| 5 | (62) | Emily ROBSON | 21 | Lboro Studen | 2:33.82 |
| 6 | (60) | Amaia LOPEZ | 18 | Crawley Town | 2:39.01 |
| 7 | (58) | Abby COMLINE | 21 | Lboro Studen | 2:41.54 |
| 8 | (56) | Mimi FISHER | 17 | RASCALS | 2:46.99 |

Event 302 Open/Male 15 /Ov 200 Superlifesaver

Not Competing: 24

Heat Number - 1

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|------------------|-----|--------------|---------|
| 3 | (1) | John MCENTEE | 15 | Belfast Olym | 4:01.40 |
| 4 | (3) | Jonathan BRENNAN | 18 | Bournemouth | 3:50.07 |
| 5 | (2) | Jeremy BAGULEY | 59 | Retford&Dist | 3:58.17 |

Heat Number - 2

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|------------------|-----|--------------|---------|
| 2 | (5) | Dominic VILA | 16 | Leeds Phoeni | 3:45.00 |
| 3 | (7) | James OAKES | 18 | Retford&Dist | 3:43.01 |
| 4 | (9) | Callum MERRILLS | 15 | Retford&Dist | 3:39.10 |
| 5 | (8) | Benjamin WALLACE | 18 | Bournemouth | 3:40.00 |
| 6 | (6) | Cian FOWLER | 17 | St John Berc | 3:45.00 |
| 7 | (4) | Daniel MCARDLE | 15 | Belfast Olym | 3:50.00 |

Heat Number - 3

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|---------------------|-----|--------------|---------|
| 1 | (11) | Ryan TORR | 19 | Lboro Studen | 3:33.28 |
| 2 | (13) | Koji BAYLISS-CUTLER | 16 | Crawley Town | 3:30.00 |
| 3 | (15) | David BROWNE | 52 | St John Berc | 3:22.00 |
| 4 | (17) | Keelan ROCKS | 16 | Belfast Olym | 3:20.94 |
| 5 | (16) | Tom BAGULEY | 17 | Retford&Dist | 3:21.35 |
| 6 | (14) | Peter DAWES | 63 | Bournemouth | 3:28.00 |
| 7 | (12) | ZaK LEWIS | 17 | Retford&Dist | 3:30.03 |
| 8 | (10) | Lawrie PROCTER | 20 | Bournemouth | 3:35.50 |

Heat Number - 4

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|----------------|-----|--------------|---------|
| 1 | (19) | Fabian BJERKE | 18 | Norwegian LS | 3:16.87 |
| 2 | (21) | Noah BONEV | 15 | Blyth LG&SC | 3:15.00 |
| 3 | (23) | Leo DOMINGUEZ | 21 | Norwegian LS | 3:11.87 |
| 4 | (26) | Cillian SPAIN | 35 | St John Berc | 3:08.00 |
| 5 | (25) | Dylan EDWARDS | 21 | Uni of Birmi | 3:10.00 |
| 6 | (22) | Leo RIGGS | 17 | Bournemouth | 3:12.00 |
| 7 | (20) | Ben STEPHENSON | 18 | Blyth LG&SC | 3:15.00 |
| 8 | (18) | Oliver QUINN | 16 | Belfast Olym | 3:20.00 |

Heat Number - 5

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|-------------------|-----|--------------|---------|
| 1 | (28) | Shane KELLY | 25 | St John Berc | 3:05.00 |
| 2 | (30) | Ben CHILVERS | 17 | Retford&Dist | 3:02.16 |
| 3 | (32) | Keiran MCLOUGHLIN | 16 | RASCALS | 3:01.12 |
| 4 | (34) | Harry MACKLEN | 15 | Beacon LSC | 3:00.00 |
| 5 | (33) | Paul MARR | 17 | Belfast Olym | 3:01.01 |
| 6 | (31) | Seth GRAYSON | 17 | Retford&Dist | 3:01.36 |
| 7 | (29) | Juniper HARPER | 23 | Lboro Studen | 3:04.34 |
| 8 | (27) | Ronan SPAIN | 32 | St John Berc | 3:06.00 |

**Heat Number - 6**

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|---------------------|-----|--------------|---------|
| 1 | (36) | Jordan COOPER-SMITH | 23 | Heanor S&LSC | 2:59.35 |
| 2 | (38) | Sebastian WILKINSON | 19 | Retford&Dist | 2:57.92 |
| 3 | (40) | Matthew JAMES | 23 | Lboro Studen | 2:55.00 |
| 4 | (42) | Lewis GRAHAM | 18 | Blyth LG&SC | 2:54.81 |
| 5 | (41) | Jacob MIDDLETON | 18 | Heanor S&LSC | 2:54.90 |
| 6 | (39) | Ben TOMLINSON | 21 | Retford&Dist | 2:55.71 |
| 7 | (37) | Andrew BRIDGEWOOD | 19 | Heanor S&LSC | 2:58.00 |
| 8 | (35) | Sindre JENSEN | 17 | Norwegian LS | 2:59.96 |

Heat Number - 7

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|-------------------|-----|--------------|---------|
| 1 | (44) | Conor INGHAM | 29 | Beacon LSC | 2:53.07 |
| 2 | (46) | Jamie BROADHURST | 18 | Leeds Phoeni | 2:51.88 |
| 3 | (48) | Joshua SUNNUCKS | 19 | Lboro Studen | 2:50.00 |
| 4 | (50) | David LEGGETT | 18 | Belfast Olym | 2:47.21 |
| 5 | (49) | Lachlan ROBERTSON | 16 | Beacon LSC | 2:48.38 |
| 6 | (47) | Tom SCAIFE | 20 | Uni of Birmi | 2:50.00 |
| 7 | (45) | Martin SCHOFIELD | 29 | Crawley Town | 2:52.63 |
| 8 | (43) | Cillian LAMONT | 16 | RASCALS | 2:54.41 |

Heat Number - 8

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|------------------|-----|--------------|---------|
| 1 | (52) | James MOWBRAY | 16 | Blyth LG&SC | 2:46.48 |
| 2 | (74) | Osian PHINNEMORE | 20 | Pen-Y-Bont | 2:45.00 |
| 3 | (55) | Jacob SCREETON | 22 | RASCALS | 2:39.05 |
| 4 | (57) | Michael CAMPBELL | 20 | Belfast Olym | 2:37.83 |
| 5 | (56) | Ben CUSSELLE | 21 | Beacon LSC | 2:38.86 |
| 6 | (54) | Jack LESTER | 23 | RASCALS | 2:40.91 |
| 7 | (53) | Terry FOX | 49 | RASCALS | 2:45.96 |
| 8 | (51) | Jacob GOODALL | 21 | Crawley Town | 2:47.03 |

Heat Number - 9

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|-----------------------|-----|--------------|---------|
| 1 | (59) | Dan HOLMES | 22 | Lboro Studen | 2:35.54 |
| 2 | (61) | Patrick FERRIE | 20 | Lboro Studen | 2:35.00 |
| 3 | (63) | Jake LEE | 23 | Race Pace Yo | 2:30.00 |
| 4 | (65) | Freddie POSTLETHWAITE | 19 | RASCALS | 2:26.80 |
| 5 | (64) | Aaron MCGREGOR | 29 | East Kilbrid | 2:28.00 |
| 6 | (62) | Asier LOPEZ | 16 | Crawley Town | 2:30.69 |
| 7 | (60) | Joseph KEELEY | 31 | Race Pace Yo | 2:35.00 |
| 8 | (58) | Ben LANGDOWN | 20 | Lboro Studen | 2:36.03 |

Heat Number - 10

| Lane | Comp.No. | Name | AaD | Club | Time |
|------|----------|--------------------|-----|--------------|---------|
| 1 | (67) | Henry RUSSELL ROSS | 20 | Beacon LSC | 2:24.49 |
| 2 | (69) | Ryan WHEELER | 29 | Beacon LSC | 2:20.88 |
| 3 | (71) | Luke WATERFALL | 19 | RASCALS | 2:20.25 |
| 4 | (73) | James BLABY | 27 | Race Pace Yo | 2:10.00 |
| 5 | (72) | Samuel LAWMAN | 29 | Race Pace Yo | 2:12.00 |
| 6 | (70) | Thomas LEGGETT | 20 | Belfast Olym | 2:20.45 |
| 7 | (68) | Jack SADBERRY | 20 | Crawley Town | 2:23.35 |
| 8 | (66) | Joshua SKINNER | 21 | Lboro Studen | 2:25.32 |

Event 303 Mixed 200m Pool Lifesaver Team**Heat Number - 1**

| Lane | Comp.No. | Name | A.G. | Club | Time |
|------|----------|------------------------|------|--------------|---------|
| 3 | (1) | Open (15+) Torbay&Dist | 019+ | Torbay&Distr | 3:40.00 |
| 4 | (3) | Open (15+) RLSS Boscom | 019+ | RLSS Boscomb | 3:26.00 |
| 5 | (2) | Open (15+) (C) RASCALS | 019+ | RASCALS | 3:30.00 |

Heat Number - 2

| Lane | Comp.No. | Name | A.G. | Club | Time |
|------|----------|------------------------|------|--------------|---------|
| 1 | (5) | 15/18 St John Berchman | 015+ | St John Berc | 3:15.00 |
| 2 | (7) | 15/18 Beacon LSC | 015+ | Beacon LSC | 2:55.00 |
| 3 | (9) | Open (15+) (B) St John | 019+ | St John Berc | 2:50.00 |
| 4 | (11) | 15/18 Heanor S&LSC | 015+ | Heanor S&LSC | 2:50.00 |
| 5 | (10) | Open (15+) (C) St John | 019+ | St John Berc | 2:50.00 |
| 6 | (8) | Open (15+) (D) St John | 019+ | St John Berc | 2:50.00 |
| 7 | (6) | 15/18 (C) Blyth LG&SC | 015+ | Blyth LG&SC | 3:00.00 |
| 8 | (4) | 15/18 (B) St John Berc | 015+ | St John Berc | 3:15.00 |

**Heat Number - 3**

| Lane | Comp.No. | Name | A.G. | Club | Time |
|------|----------|------------------------|------|--------------|---------|
| 0 | (13) | Open (15+) St John Ber | 019+ | St John Berc | 2:50.00 |
| 1 | (15) | Open (15+) (C) North W | 019+ | North Worcs | 2:50.00 |
| 2 | (17) | Open (15+) (E) St John | 019+ | St John Berc | 2:50.00 |
| 3 | (19) | 15/18 (B) Blyth LG&SC | 015+ | Blyth LG&SC | 2:43.37 |
| 4 | (21) | 15/18 (B) Leeds Phoeni | 015+ | Leeds Phoeni | 2:40.00 |
| 5 | (20) | Open (15+) Retford&Dis | 019+ | Retford&Dist | 2:40.30 |
| 6 | (18) | 15/18 Bournemouth LGC | 015+ | Bournemouth | 2:44.00 |
| 7 | (16) | Open (15+) (B) Bournem | 019+ | Bournemouth | 2:50.00 |
| 8 | (14) | Open (15+) (F) St John | 019+ | St John Berc | 2:50.00 |
| 9 | (12) | Open (15+) Beacon LSC | 019+ | Beacon LSC | 2:50.00 |

Heat Number - 4

| Lane | Comp.No. | Name | A.G. | Club | Time |
|------|----------|------------------------|------|--------------|---------|
| 0 | (23) | 15/18 Retford&District | 015+ | Retford&Dist | 2:38.09 |
| 1 | (25) | Open (15+) Bournemouth | 019+ | Bournemouth | 2:35.00 |
| 2 | (27) | 15/18 Leeds Phoenix LS | 015+ | Leeds Phoeni | 2:30.00 |
| 3 | (29) | Open (15+) Leeds Phoen | 019+ | Leeds Phoeni | 2:30.00 |
| 4 | (31) | Open (15+) East Kilbri | 019+ | East Kilbrid | 2:29.00 |
| 5 | (30) | Open (15+) (F) Lboro S | 019+ | Lboro Studen | 2:30.00 |
| 6 | (28) | Open (15+) Heanor S&LS | 019+ | Heanor S&LSC | 2:30.00 |
| 7 | (26) | 15/18 Blyth LG&SC | 015+ | Blyth LG&SC | 2:33.31 |
| 8 | (24) | Open (15+) (B) North W | 019+ | North Worcs | 2:35.00 |
| 9 | (22) | 15/18 (B) Retford&Dist | 015+ | Retford&Dist | 2:40.00 |

Heat Number - 5

| Lane | Comp.No. | Name | A.G. | Club | Time |
|------|----------|------------------------|------|--------------|---------|
| 0 | (33) | Open (15+) (E) Lboro S | 019+ | Lboro Studen | 2:25.00 |
| 1 | (34) | Open (15+) (F) Belfast | 015+ | Belfast Olym | 2:20.00 |
| 2 | (36) | Open (15+) North Worcs | 019+ | North Worcs | 2:20.00 |
| 3 | (38) | Open (15+) Norwegian L | 019+ | Norwegian LS | 2:15.00 |
| 4 | (40) | Open (15+) (B) RASCALS | 019+ | RASCALS | 2:13.26 |
| 5 | (39) | Open (15+) (E) Belfast | 015+ | Belfast Olym | 2:15.00 |
| 6 | (37) | Open (15+) Blyth LG&SC | 019+ | Blyth LG&SC | 2:16.00 |
| 7 | (35) | Open (15+) (D) Lboro S | 019+ | Lboro Studen | 2:20.00 |
| 8 | (51) | 15/18 Rascals | 015+ | RASCALS | 2:24.13 |
| 9 | (32) | Open (15+) (B) Blyth L | 019+ | Blyth LG&SC | 2:28.00 |

Heat Number - 6

| Lane | Comp.No. | Name | A.G. | Club | Time |
|------|----------|------------------------|------|--------------|---------|
| 0 | (42) | Open (15+) (B) Lboro S | 019+ | Lboro Studen | 2:10.00 |
| 1 | (44) | Open (15+) Vale SLSC | 019+ | Vale SLSC | 2:10.00 |
| 2 | (46) | Open (15+) Lboro Stude | 019+ | Lboro Studen | 2:05.00 |
| 3 | (48) | Open (15+) Belfast Oly | 019+ | Belfast Olym | 2:00.00 |
| 4 | (50) | Open (15+) RASCALS | 019+ | RASCALS | 1:57.58 |
| 5 | (49) | Open (15+) (B) Belfast | 019+ | Belfast Olym | 2:00.00 |
| 6 | (47) | Open (15+) Crawley Tow | 019+ | Crawley Town | 2:03.00 |
| 7 | (45) | Open (15+) (C) Belfast | 019+ | Belfast Olym | 2:05.00 |
| 8 | (43) | Open (15+) (D) Belfast | 015+ | Belfast Olym | 2:10.00 |
| 9 | (41) | Open (15+) (C) Lboro S | 019+ | Lboro Studen | 2:12.00 |