



Session - 4 Main Pool

Event 401 Female 12 Yrs/Over 100m Obstacle

Heat Number - 1

Lane	Comp.No.	Name	AaD	Club	Time
3	(2)	Katherine GARTSIDE	59	Heanor S&LSC	2:20.00
4	(4)	Sophie LEE	13	Heanor S&LSC	2:10.00
5	(3)	Suzanne SELWAY	55	Heanor S&LSC	2:10.00
6	(1)	Mel YATES	58	Bournemouth	2:20.29

Heat Number - 2

Lane	Comp.No.	Name	AaD	Club	Time
0	(6)	Cara JOHNSTONE	12	Heanor S&LSC	2:07.00
1	(8)	Charlotte ODDY	16	Gosport&Fare	2:01.02
2	(10)	Florence BULBULIA	13	South Worcs	2:00.00
3	(12)	Izzy TIFFIN	14	South Worcs	2:00.00
4	(14)	KeXin DAWES	13	Bournemouth	1:56.72
5	(13)	Arabella JOHNSON	13	South Worcs	2:00.00
6	(11)	Isla HICKMAN	15	Rest Bay SLS	2:00.00
7	(9)	Grace COLLINS	15	Heanor S&LSC	2:00.00
8	(7)	Romaine WEBB	65	North Worcs	2:06.00
9	(5)	Nelly KROK	12	Heanor S&LSC	2:07.00

Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
0	(16)	Caitlyn MCDONNELL	18	Blyth LG&SC	1:55.00
1	(18)	Aida YUSUF	14	Bournemouth	1:52.81
2	(20)	Vilde BUNDLI	14	Norwegian LS	1:50.55
3	(22)	Jacky ARNOLD	59	Bournemouth	1:50.00
4	(24)	Matilda BLAKELY	13	Blyth LG&SC	1:50.00
5	(23)	Poppy SENIOR	13	Leeds Phoeni	1:50.00
6	(21)	Gaby FISHER-WYATT	17	Bournemouth	1:50.00
7	(19)	Dorothy FOX	67	Bournemouth	1:52.66
8	(17)	Lily GRATTAN	13	RASCALS	1:53.02
9	(15)	Patricia KELLY	58	St John Berc	1:56.00

Heat Number - 4

Lane	Comp.No.	Name	AaD	Club	Time
0	(26)	Alexandra KNIGHT	17	Bournemouth	1:48.00
1	(28)	Asal SETAYESH	15	Heanor S&LSC	1:47.00
2	(30)	Sarah LOWERY	13	Belfast Olym	1:46.00
3	(32)	Ava LING	13	Beacon LSC	1:45.00
4	(34)	Arabella OVENDEN	13	Beacon LSC	1:45.00
5	(33)	Elizabeth FILISE	14	Vale SLSC	1:45.00
6	(31)	Phoebe COOPER	17	Blyth LG&SC	1:45.00
7	(29)	Annabel MARINER	16	Bournemouth	1:46.00
8	(27)	Flora FINDLAY	13	Belfast Olym	1:47.00
9	(25)	Lily ROBERTSON	13	East Kilbrid	1:48.00

Heat Number - 5

Lane	Comp.No.	Name	AaD	Club	Time
0	(36)	Alice GARRY	17	St John Berc	1:45.00
1	(38)	Keeva MCGRORY	14	East Kilbrid	1:45.00
2	(40)	Emma KELLEDY	16	St John Berc	1:42.00
3	(42)	Mary-Ada HUDSON-BOLD	13	Leeds Phoeni	1:42.00
4	(44)	Olivia OLCHOWIK	14	Leeds Phoeni	1:41.21
5	(43)	Elizabeth BLACK	14	Belfast Olym	1:41.84
6	(41)	Ishbel COFFIELD	14	East Kilbrid	1:42.00
7	(39)	Aoibhe O'NEILL	13	Belfast Olym	1:43.00
8	(37)	Rebecca HUTCHINSON	12	Belfast Olym	1:45.00
9	(35)	Milly HICKMAN	14	South Worcs	1:45.00

Heat Number - 6

Lane	Comp.No.	Name	AaD	Club	Time
0	(46)	Mariella BAILEY	13	Beacon LSC	1:40.00
1	(48)	Aine OWENS	15	St John Berc	1:40.00
2	(50)	Caitlyn HARTLEY	14	Leeds Phoeni	1:40.00
3	(52)	Natasha POOLE	13	Blyth LG&SC	1:40.00
4	(54)	Caoilfhionn GLYNN	15	St John Berc	1:40.00
5	(53)	Taylor MASON-HILLARD	14	Vale SLSC	1:40.00
6	(51)	Tessa HARRISON	13	Beacon LSC	1:40.00
7	(49)	Elise TASKER	12	Retford&Dist	1:40.00

8	(47)	Bella HAIGH	14	Vale SLSC	1:40.00
9	(45)	Shelby TAYLOR	14	Heanor S&LSC	1:41.00



Heat Number - 7

Lane	Comp.No.	Name	AaD	Club	Time
0	(56)	Rachael CHIU	12	East Kilbrid	1:40.00
1	(58)	Megan SAVILLE	14	Leeds Phoeni	1:39.15
2	(60)	Yasmin MATEUS	14	Bournemouth	1:39.00
3	(62)	Maddie HURST	13	RASCALS	1:38.10
4	(64)	Muireann DUFFY	17	St John Berc	1:38.00
5	(63)	Megan CASTLE	18	Bournemouth	1:38.09
6	(61)	Lucy JENNINGS	15	St John Berc	1:39.00
7	(59)	Mya O'REILLY	17	St John Berc	1:39.00
8	(57)	Alicia KROK	13	Heanor S&LSC	1:40.00
9	(55)	Galina BOZHKOVA	14	Beacon LSC	1:40.00

Heat Number - 8

Lane	Comp.No.	Name	AaD	Club	Time
0	(66)	Rebecca COOPER-SMITH	14	Heanor S&LSC	1:37.00
1	(68)	Kaitlyn PITTWOOD	18	Bournemouth	1:36.93
2	(70)	Hope SCULLY	17	St John Berc	1:36.00
3	(72)	Kayla STOREY	14	Blyth LG&SC	1:35.19
4	(74)	Sophie O'ROURKE	14	St John Berc	1:35.00
5	(73)	Livvy RIGGS	13	Bournemouth	1:35.00
6	(71)	Sophie HODGKINSON	15	RASCALS	1:35.83
7	(69)	Emily HODGKINSON	13	RASCALS	1:36.00
8	(67)	Aine MCENEANEY	17	St John Berc	1:37.00
9	(65)	Annabelle MCSHARRY	18	Bournemouth	1:38.00

Heat Number - 9

Lane	Comp.No.	Name	AaD	Club	Time
0	(76)	Freya BECKINGSALE	14	Blyth LG&SC	1:35.00
1	(78)	Ella SONEBI	15	Belfast Olym	1:34.48
2	(80)	Poppy BELLAMY	15	Vale SLSC	1:33.00
3	(82)	Amy MOWBRAY	14	Blyth LG&SC	1:32.00
4	(84)	Emme SMITH	16	RASCALS	1:31.83
5	(83)	Holly ENGLAND	12	RASCALS	1:31.90
6	(81)	Niamh HAGAN	15	Belfast Olym	1:32.32
7	(79)	Scarlett RHODES	14	RASCALS	1:34.47
8	(77)	Harumi SHARPE	13	RASCALS	1:35.00
9	(75)	Leah O'REILLY	15	St John Berc	1:35.00

Heat Number - 10

Lane	Comp.No.	Name	AaD	Club	Time
0	(86)	Maebh PENDLETON	16	Belfast Olym	1:31.19
1	(88)	Harlie LANE	12	North Worcs	1:31.00
2	(90)	Katie LUEN-TWINING	15	Vale SLSC	1:30.32
3	(92)	Chloe CHEESEBROUGH	17	Leeds LS	1:30.00
4	(94)	Kaiya TAKATA	14	Vale SLSC	1:30.00
5	(93)	Abbie DUROE	16	Vale SLSC	1:30.00
6	(91)	Emily BLACK	16	Belfast Olym	1:30.00
7	(89)	Poppy CARROLL	18	Leeds LS	1:30.83
8	(87)	Mia MOLLOY	16	Belfast Olym	1:31.04
9	(85)	Holly WOOD	14	Blyth LG&SC	1:31.66

Heat Number - 11

Lane	Comp.No.	Name	AaD	Club	Time
0	(96)	Addison CROPPER	12	Leeds Phoeni	1:30.00
1	(98)	Ruby GLOVER	15	North Worcs	1:29.00
2	(100)	Martha STEVENS	15	Leeds Phoeni	1:28.00
3	(102)	Rose MUGGLESTONE	14	Heanor S&LSC	1:27.42
4	(104)	Harriet MOORES	13	RASCALS	1:27.00
5	(103)	Ciara RODGERS	17	Belfast Olym	1:27.39
6	(101)	Hannah MURPHY	14	RASCALS	1:27.46
7	(99)	Skye APPLEBY	15	Blyth LG&SC	1:28.00
8	(97)	Scarlett MANN	15	RASCALS	1:29.18
9	(95)	Tilly MACINNES	14	East Kilbrid	1:30.00

Heat Number - 12

Lane	Comp.No.	Name	AaD	Club	Time
0	(106)	Iris THURGUR	15	Bournemouth	1:25.00
1	(108)	Lauren THORN	15	Leeds Phoeni	1:23.30
2	(110)	Lily MUGGLESTONE	16	Heanor S&LSC	1:23.00
3	(112)	Abbie O'MALLEY	18	Beeslack LSC	1:22.44
4	(114)	Grainne PENDLETON	18	Belfast Olym	1:21.36
5	(113)	Maisie WRIGHT	16	Leeds Phoeni	1:22.00
6	(111)	Hannah BROWN	14	Leeds Phoeni	1:22.52
7	(109)	Rebecca MURRAY	17	Blyth LG&SC	1:23.00

8	(107)	Anna MCCOMISH	17	Belfast Olym	1:23.82
9	(105)	Eden MINNS	14	Torbay&Distr	1:26.24



Heat Number - 13

Lane	Comp.No.	Name	AaD	Club	Time
0	(116)	Catherine DOYLE	16	Belfast Olym	1:20.93
1	(118)	Sophia FROGGATT	14	RASCALS	1:20.50
2	(120)	Iona MULRINE	18	East Kilbrid	1:20.00
3	(122)	Donna WICKENS	58	Crawley Town	1:19.61
4	(124)	Aydrian COPE	15	RASCALS	1:18.17
5	(123)	Abigail HALLAM	17	Leeds LS	1:19.53
6	(121)	Marie FRYDENBO-BRUVOLL	16	Beacon LSC	1:19.72
7	(119)	Amelie ANDREASEN	16	Leeds Phoeni	1:20.31
8	(117)	Tegan BIRD	18	Bournemouth	1:20.87
9	(115)	Zara BARROWCLIFFE	14	Heanor S&LSC	1:21.20

Heat Number - 14

Lane	Comp.No.	Name	AaD	Club	Time
0	(126)	Elizabeth COLLIS	15	Beacon LSC	1:18.00
1	(128)	Evie GOODALL	15	South Worcs	1:18.00
2	(130)	Eloise ANDREASEN	14	Leeds Phoeni	1:17.91
3	(132)	Chloe MALONEY	15	Leeds Phoeni	1:17.78
4	(134)	Anna DOYLE	18	Belfast Olym	1:16.81
5	(133)	Beth CAMPBELL	16	Belfast Olym	1:16.84
6	(131)	Olivia CAMPBELL	18	Belfast Olym	1:17.89
7	(129)	Kate MOORE	17	Belfast Olym	1:17.95
8	(127)	Isla LAWSON	15	Beacon LSC	1:18.00
9	(125)	Eva HEWER	16	Leeds Phoeni	1:18.12

Heat Number - 15

Lane	Comp.No.	Name	AaD	Club	Time
0	(136)	Jess WOODS	14	Leeds Phoeni	1:16.31
1	(138)	Ella BROUGH	17	RASCALS	1:15.87
2	(140)	Erin THORN	17	Leeds Phoeni	1:14.38
3	(142)	Mimi FISHER	17	RASCALS	1:09.13
4	(144)	Zophia QUIGLEY	17	Belfast Olym	1:05.00
5	(143)	Elena QUINN	15	RASCALS	1:07.53
6	(141)	Martina VAAGSNES	14	Norwegian LS	1:12.32
7	(139)	Mae JOHNSTONE	17	Leeds Phoeni	1:14.40
8	(137)	Hazel BLAIN	15	Leeds Phoeni	1:16.00
9	(135)	Grace CLARK	15	RASCALS	1:16.76

Event 402 Open/Male 12 /Over 100m Obstacle

Heat Number - 1

Lane	Comp.No.	Name	AaD	Club	Time
3	(1)	Hardy YUSUF	12	Bournemouth	2:14.00
4	(3)	Darragh COURTNEY	13	Belfast Olym	2:05.00
5	(2)	Kyle WALKER	14	RLSS Boscomb	2:10.00

Heat Number - 2

Lane	Comp.No.	Name	AaD	Club	Time
0	(4)	Oliver SEALS	14	Heanor S&LSC	1:58.00
1	(6)	Oliver CHILD	14	Bournemouth	1:55.00
2	(8)	Seb WALLIS	12	Bournemouth	1:52.00
3	(10)	Dexter MCARTHUR	14	East Kilbrid	1:50.00
4	(12)	Mitchell GILLOTT	15	Heanor S&LSC	1:48.00
5	(11)	Albert OLCHOWIK	12	Leeds Phoeni	1:49.00
6	(9)	Joshua CARELESS	14	Heanor S&LSC	1:50.00
7	(7)	Nathan BARTON-KENNEDY	15	Leeds Phoeni	1:55.00
8	(5)	James BLISS	14	Bournemouth	1:57.00

Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
0	(14)	Noah GRANBERG DANIELRU	3	Norwegian LS	1:45.80
1	(16)	Jonathan BRIDGEWOOD	58	Heanor S&LSC	1:45.00
2	(18)	Brandon BUTLER	16	Blyth LG&SC	1:45.00
3	(20)	Rhys JOHNSTON	13	Belfast Olym	1:43.00
4	(22)	Sean OWENS	13	St John Berc	1:40.00
5	(21)	James GOULDSMITH	13	Bournemouth	1:42.00
6	(19)	Adam BLAWAT	14	Heanor S&LSC	1:45.00
7	(17)	Charlie BELL-MINOGUE	14	Heanor S&LSC	1:45.00
8	(15)	Sam VACHER	16	RLSS Boscomb	1:45.00
9	(13)	Reuben O'BRIEN	14	Leeds Phoeni	1:47.00

**Heat Number - 4**

Lane	Comp.No.	Name	AaD	Club	Time
0	(24)	Bailey CHANDLER	14	Blyth LG&SC	1:38.00
1	(26)	Aaron RUSSELL WILSON	17	Bournemouth	1:37.31
2	(28)	Jack VACHER	14	RLSS Boscomb	1:37.00
3	(30)	Danylo YENA	16	Bournemouth	1:35.00
4	(32)	Thomas GREGORY	15	Beacon LSC	1:35.00
5	(31)	Rafael MAGGIORA	14	Bournemouth	1:35.00
6	(29)	Toby TORR	16	Heanor S&LSC	1:35.59
7	(27)	Jamie ANDREASEN	14	Leeds Phoeni	1:37.19
8	(25)	Antoni WOS	14	East Kilbrid	1:38.00
9	(23)	Adam LEWIS	15	Retford&Dist	1:40.00

Heat Number - 5

Lane	Comp.No.	Name	AaD	Club	Time
0	(34)	Isaac SCURRAH	15	Leeds Phoeni	1:35.00
1	(36)	Kaden CHALKE	16	RLSS Boscomb	1:35.00
2	(38)	Samuel MALCOLM	13	RASCALS	1:34.98
3	(40)	Oliver WILKINSON-CLEAV	14	RASCALS	1:33.00
4	(42)	Jack BROUGH	13	RASCALS	1:32.00
5	(41)	George JOHNSTONE	16	Heanor S&LSC	1:32.69
6	(39)	Jack ROBERTSON	14	Beacon LSC	1:34.43
7	(37)	Finlay KEDDIE	14	East Kilbrid	1:35.00
8	(35)	Martin GOSS	56	Belfast Olym	1:35.00
9	(33)	Joe FARRELL	16	St John Berc	1:35.00

Heat Number - 6

Lane	Comp.No.	Name	AaD	Club	Time
0	(44)	Conor MCCOMISH	57	Belfast Olym	1:30.73
1	(46)	Saxon ARCHBOLD	14	Beacon LSC	1:30.00
2	(48)	John MCENTEE	15	Belfast Olym	1:29.08
3	(50)	Jeremy BAGULEY	59	Retford&Dist	1:28.19
4	(52)	John ARNOLD	57	North Worcs	1:28.00
5	(51)	Ruairi PENDLETON	14	Belfast Olym	1:28.16
6	(49)	Finley CULL	14	Torbay&Distr	1:28.62
7	(47)	Gwilym LEWIS	16	Torbay&Distr	1:29.69
8	(45)	Oscar GOLDSMITH	14	Beacon LSC	1:30.00
9	(43)	Jonathan BRENNAN	18	Bournemouth	1:31.39

Heat Number - 7

Lane	Comp.No.	Name	AaD	Club	Time
0	(54)	Simon PARKER	57	Vale SLSC	1:28.00
1	(56)	Sam MORRIS	17	St John Berc	1:26.00
2	(58)	Alex THACKER	14	Leeds LS	1:25.00
3	(60)	Ryan BELL	15	Blyth LG&SC	1:24.00
4	(62)	Samuel FAUST	16	Bournemouth	1:24.00
5	(61)	George MARSHALL	16	Bournemouth	1:24.00
6	(59)	Ben FULLER	18	Torbay&Distr	1:24.05
7	(57)	Tom DOYLE	13	Belfast Olym	1:25.00
8	(55)	Anthony BZDYRA	15	Leeds LS	1:26.00
9	(53)	Cian FOWLER	17	St John Berc	1:28.00

Heat Number - 8

Lane	Comp.No.	Name	AaD	Club	Time
0	(64)	Dylan NIGHTINGALE	14	RASCALS	1:21.53
1	(66)	Benjamin WALLACE	18	Bournemouth	1:21.07
2	(68)	Conor KAVANAGH	17	St John Berc	1:21.00
3	(70)	Abdullah MOKHLISSE	15	Leeds Phoeni	1:20.57
4	(72)	Keelan ROCKS	16	Belfast Olym	1:20.22
5	(71)	Peter DAWES	63	Bournemouth	1:20.37
6	(69)	James BELLAMY	16	Vale SLSC	1:21.00
7	(67)	Jack BLANCHARD	17	Heanor S&LSC	1:21.03
8	(65)	Daniel MCARDLE	15	Belfast Olym	1:21.32
9	(63)	Bailey LANE	14	North Worcs	1:22.00

Heat Number - 9

Lane	Comp.No.	Name	AaD	Club	Time
0	(74)	Reuben SMITH	17	Blyth LG&SC	1:20.00
1	(76)	Jon WHITCOMB	15	Beacon LSC	1:20.00
2	(78)	Luke STANWAY	17	North Worcs	1:19.00
3	(80)	Wesley MALCOLM	16	RASCALS	1:18.43
4	(82)	Matthew COWLARD	17	Heanor S&LSC	1:17.18
5	(81)	Alexander OLCHOWIK	15	Leeds Phoeni	1:18.05
6	(79)	Ciaran DELANEY	18	Belfast Olym	1:18.62
7	(77)	Robi MORRIS	13	Torbay&Distr	1:19.54
8	(75)	Oliver THACKER	17	Leeds LS	1:20.00

9	(73)	Louis HOUGH	18	Beacon LSC	1:20.00
Heat Number - 10					
Lane	Comp.No.	Name	AaD	Club	Time
0	(84)	Freddie RUSSELL-ROSS	13	Beacon LSC	1:17.00
1	(86)	Dominic VILA	16	Leeds Phoeni	1:16.00
2	(88)	Harry CLARKE	17	RLSS Boscomb	1:15.00
3	(90)	Seb HARRISON	15	Beacon LSC	1:15.00
4	(92)	Patrick MCENTEE	14	Belfast Olym	1:14.71
5	(91)	Ryan SAWYER	17	Beacon LSC	1:15.00
6	(89)	Finn HARKIN	17	East Kilbrid	1:15.00
7	(87)	Alex WHITE	18	Heanor S&LSC	1:15.71
8	(85)	Callum STEVENSON	16	Heanor S&LSC	1:16.25
9	(83)	Lachlan ROBERTSON	16	Beacon LSC	1:17.18



Heat Number - 11					
Lane	Comp.No.	Name	AaD	Club	Time
0	(94)	Alfie JOHNSON	16	Beacon LSC	1:14.00
1	(96)	Harry POLLICOTT	14	RASCALS	1:12.44
2	(98)	Ben STEPHENSON	18	Blyth LG&SC	1:12.00
3	(100)	Keiran MCLOUGHLIN	16	RASCALS	1:10.30
4	(102)	Lewis GRAHAM	18	Blyth LG&SC	1:10.00
5	(101)	Noah BONEV	15	Blyth LG&SC	1:10.00
6	(99)	Kai MOLLOY	13	Belfast Olym	1:11.77
7	(97)	James MOWBRAY	16	Blyth LG&SC	1:12.00
8	(95)	Leo RIGGS	17	Bournemouth	1:13.00
9	(93)	Edward QUINN	14	Belfast Olym	1:14.00

Heat Number - 12					
Lane	Comp.No.	Name	AaD	Club	Time
0	(104)	Tobias WATSON	14	RASCALS	1:09.55
1	(106)	Oliver QUINN	16	Belfast Olym	1:09.00
2	(108)	Cillian LAMONT	16	RASCALS	1:07.97
3	(110)	Paul MARR	17	Belfast Olym	1:05.12
4	(112)	David LEGGETT	18	Belfast Olym	1:01.43
5	(111)	Cai WILLIAMS	18	RASCALS	1:02.35
6	(109)	Jamie BROADHURST	18	Leeds Phoeni	1:07.45
7	(107)	Aaron JOHNSON	18	Blyth LG&SC	1:08.00
8	(105)	Riley BAXTER	14	RASCALS	1:09.25
9	(103)	Arthur FIRTH	16	Leeds Phoeni	1:09.91

Event 403 Female 15 Yrs/Over 200m Obstacle

Heat Number - 1					
Lane	Comp.No.	Name	AaD	Club	Time
2	(2)	Julia WOODHOUSE	54	Bournemouth	4:27.38
3	(4)	Liz APPLEBY	51	Blyth LG&SC	4:12.34
4	(6)	Ruth MCDUGALL	40	Belfast Olym	3:46.84
5	(5)	Claire CAMPBELL	53	Belfast Olym	4:03.27
6	(3)	Sinead DOYLE	48	Belfast Olym	4:14.03
7	(1)	Iryna MOZHOVA	43	Bournemouth	4:46.93

Heat Number - 2					
Lane	Comp.No.	Name	AaD	Club	Time
0	(8)	Jacquie KNIGHT	45	Bournemouth	3:35.00
1	(10)	Maebh PENDLETON	16	Belfast Olym	3:32.84
2	(12)	Laura MULHAIR	40	St John Berc	3:28.00
3	(14)	Bea SHELLEY	18	Retford&Dist	3:25.01
4	(16)	Niamh HAGAN	15	Belfast Olym	3:24.00
5	(15)	Abi CORRANCE	17	Retford&Dist	3:24.01
6	(13)	Ella SONEBI	15	Belfast Olym	3:27.00
7	(11)	Emily SEALS	41	Heanor S&LSC	3:30.00
8	(9)	Sarah O'FLAHERTY	23	St John Berc	3:33.00
9	(7)	Alannah DRUMM	28	St John Berc	3:40.00

Heat Number - 3					
Lane	Comp.No.	Name	AaD	Club	Time
0	(18)	Helene AUFORT	48	Belfast Olym	3:23.13
1	(20)	Jade MCGREGOR	17	GLASGOW	3:20.00
2	(22)	Tilly TOWNER	19	Torbay&Distr	3:17.33
3	(24)	Natasha LANE	43	North Worcs	3:13.00
4	(26)	Grainne PENDLETON	18	Belfast Olym	3:07.71
5	(25)	Carole STOREY	47	Blyth LG&SC	3:10.00
6	(23)	Teia GOLDSMITH	16	Beacon LSC	3:13.22
7	(21)	Hannah THOMPSON	21	St John Berc	3:20.00
8	(19)	Nuala DEVLIN	53	Belfast Olym	3:22.10
9	(17)	Emily BLACK	16	Belfast Olym	3:23.81

**Heat Number - 4**

Lane	Comp.No.	Name	AaD	Club	Time
0	(28)	Nicola TASKER	42	Retford&Dist	3:06.64
1	(30)	Isla LAWSON	15	Beacon LSC	3:05.00
2	(32)	Isobelle WILKINSON	17	Retford&Dist	3:05.00
3	(34)	Isobel MOSLEY	38	Heanor S&LSC	3:00.00
4	(36)	Emily REMMER	15	Retford&Dist	3:00.00
5	(35)	Iris THURGUR	15	Bournemouth	3:00.00
6	(33)	Lily FIRM	19	Retford&Dist	3:00.00
7	(31)	Anna MCCOMISH	17	Belfast Olym	3:05.00
8	(29)	Elizabeth COLLIS	15	Beacon LSC	3:05.00
9	(27)	Marie FRYDENBO-BRUVOLL	16	Beacon LSC	3:07.56

Heat Number - 5

Lane	Comp.No.	Name	AaD	Club	Time
0	(38)	Ragne FJELDHEIM	18	Norwegian LS	2:59.22
1	(40)	Catherine DOYLE	16	Belfast Olym	2:58.14
2	(42)	Anna DOYLE	18	Belfast Olym	2:54.98
3	(44)	Abigail MARKS	17	North Worcs	2:52.00
4	(46)	Kate MOORE	17	Belfast Olym	2:50.08
5	(45)	Olivia CAMPBELL	18	Belfast Olym	2:51.88
6	(43)	Angelica STENBRENDE	17	Norwegian LS	2:54.97
7	(41)	Eva HEWER	16	Leeds Phoeni	2:55.79
8	(39)	Chloe MALONEY	15	Leeds Phoeni	2:59.00
9	(37)	Ciara RODGERS	17	Belfast Olym	2:59.48

Heat Number - 6

Lane	Comp.No.	Name	AaD	Club	Time
0	(48)	Aoibheann DUFFY	21	St John Berc	2:50.00
1	(50)	Maddison LEE	22	Lboro Studen	2:49.53
2	(52)	Lucy TERRINGTON	19	Belfast Olym	2:48.58
3	(54)	Hazel BLAIN	15	Leeds Phoeni	2:48.00
4	(56)	Mae JOHNSTONE	17	Leeds Phoeni	2:47.22
5	(55)	Eva CHAPMAN	17	Retford&Dist	2:47.38
6	(53)	Lily COLLIER	19	Leeds LS	2:48.48
7	(51)	Beth CAMPBELL	16	Belfast Olym	2:49.24
8	(49)	Emily WALFORD	21	Lboro Studen	2:50.00
9	(47)	Francesca RICHARDS	16	Retford&Dist	2:50.00

Heat Number - 7

Lane	Comp.No.	Name	AaD	Club	Time
0	(58)	Rebecca SPOONER	20	Lboro Studen	2:45.00
1	(60)	Emily PARRY	17	North Worcs	2:42.00
2	(62)	Jennifer PENNY	41	Bournemouth	2:41.49
3	(64)	Amaryllis ANTONOPOULOU	19	Lboro Studen	2:40.00
4	(66)	Molly CRANCH	21	Swansea Uni	2:35.00
5	(65)	Meabh RODGERS	19	Belfast Olym	2:35.52
6	(63)	Hannah GALLAGHER	20	Lboro Studen	2:40.00
7	(61)	Kirsten DALY	18	RASCALS	2:41.51
8	(59)	Helina BOON	22	Lboro Studen	2:45.00
9	(57)	Shaunna ANDERSON	32	East Kilbrid	2:46.00

Heat Number - 8

Lane	Comp.No.	Name	AaD	Club	Time
0	(68)	Naomi SHEAVILLS	20	Lboro Studen	2:27.14
1	(70)	Abigail DAVIES	19	Rest Bay SLS	2:26.97
2	(72)	Amaia LOPEZ	18	Crawley Town	2:24.00
3	(74)	Emma HENDERSON	26	Union LSC	2:21.24
4	(76)	Emily ROBSON	21	Lboro Studen	2:19.28
5	(75)	Eve Ruby HICKMAN	19	Rest Bay SLS	2:20.45
6	(73)	Zophia QUIGLEY	17	Belfast Olym	2:23.00
7	(71)	Heather WATSON	18	RASCALS	2:25.41
8	(69)	Abby COMLINE	21	Lboro Studen	2:27.00
9	(67)	Connie MILLAR	17	RHOOSE LGC	2:32.70

Event 404 Open/Male 15 /Over 200m Obstacle**Heat Number - 1**

Lane	Comp.No.	Name	AaD	Club	Time
3	(1)	Daniel ARKLEY	32	Blyth LG&SC	5:00.00
4	(3)	Alan MC CORMACK	52	Individual	3:50.00
5	(2)	Phillip MARSH	44	Crawley Town	4:00.00

**Heat Number - 2**

Lane	Comp.No.	Name	AaD	Club	Time
0	(5)	Tom BALDOCK	19	Torbay&Distr	3:38.58
1	(7)	ZaK LEWIS	17	Retford&Dist	3:20.01
2	(9)	Matt RIGGS	49	Bournemouth	3:15.00
3	(11)	Benjamin WALLACE	18	Bournemouth	3:12.88
4	(13)	Lawrie PROCTER	20	Bournemouth	3:07.92
5	(12)	Conor O'FLAHERTY	20	St John Berc	3:09.00
6	(10)	Danylo YENA	16	Bournemouth	3:15.00
7	(8)	John MCENTEE	15	Belfast Olym	3:18.00
8	(6)	Oskar TYLDUM	17	Norwegian LS	3:21.40
9	(4)	Rob CASTLE	50	Bournemouth	3:44.00

Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
0	(15)	Julian LEGGETT	52	Belfast Olym	3:05.88
1	(17)	Jonathan BRENNAN	18	Bournemouth	3:02.00
2	(19)	Matthew BLAKELY	45	Blyth LG&SC	3:00.00
3	(21)	James OAKES	18	Retford&Dist	2:54.01
4	(23)	Keelan ROCKS	16	Belfast Olym	2:51.59
5	(22)	Dominic VILA	16	Leeds Phoeni	2:52.00
6	(20)	Tom BAGULEY	17	Retford&Dist	2:57.01
7	(18)	Daniel MCARDLE	15	Belfast Olym	3:01.00
8	(16)	Seth GRAYSON	17	Retford&Dist	3:04.72
9	(14)	Ciaran DELANEY	18	Belfast Olym	3:07.00

Heat Number - 4

Lane	Comp.No.	Name	AaD	Club	Time
0	(25)	Leo RIGGS	17	Bournemouth	2:50.00
1	(27)	Lachlan ROBERTSON	16	Beacon LSC	2:48.07
2	(29)	Ben CHILVERS	17	Retford&Dist	2:47.88
3	(31)	Gareth ABBOTT	37	Vale SLSC	2:45.00
4	(33)	Matthew COWLARD	17	Heanor S&LSC	2:45.00
5	(32)	Seb HARRISON	15	Beacon LSC	2:45.00
6	(30)	Elliott STEVENS	30	Beacon LSC	2:45.00
7	(28)	Luke STANWAY	17	North Worcs	2:48.00
8	(26)	Harry MACKLEN	15	Beacon LSC	2:49.29
9	(24)	Callum MERRILLS	15	Retford&Dist	2:50.00

Heat Number - 5

Lane	Comp.No.	Name	AaD	Club	Time
0	(35)	Leo DOMINGUEZ	21	Norwegian LS	2:43.45
1	(37)	Jacob MIDDLETON	18	Heanor S&LSC	2:42.04
2	(39)	James MOWBRAY	16	Blyth LG&SC	2:40.51
3	(41)	Aaron JOHNSON	18	Blyth LG&SC	2:40.00
4	(43)	Andrew BRIDGEWOOD	19	Heanor S&LSC	2:38.00
5	(42)	Arthur FIRTH	16	Leeds Phoeni	2:38.19
6	(40)	Martin SCHOFIELD	29	Crawley Town	2:40.00
7	(38)	Sindre JENSEN	17	Norwegian LS	2:40.68
8	(36)	Ben TOMLINSON	21	Retford&Dist	2:43.36
9	(34)	Alfie JOHNSON	16	Beacon LSC	2:45.00

Heat Number - 6

Lane	Comp.No.	Name	AaD	Club	Time
0	(45)	Jordan COOPER-SMITH	23	Heanor S&LSC	2:36.12
1	(47)	Chris JENKINSON	41	North Worcs	2:33.00
2	(49)	Oliver QUINN	16	Belfast Olym	2:32.00
3	(51)	Iain WILSON	42	East Kilbrid	2:30.00
4	(53)	Jack BAMFORD	20	Lboro Studen	2:30.00
5	(52)	Calum BRIGGS	28	Heanor S&LSC	2:30.00
6	(50)	Joseph KEENAN	20	Blyth LG&SC	2:30.00
7	(48)	David LANE	41	North Worcs	2:32.00
8	(46)	Sean HARKIN	21	East Kilbrid	2:35.00
9	(44)	Terry FOX	49	RASCALS	2:37.00

Heat Number - 7

Lane	Comp.No.	Name	AaD	Club	Time
0	(55)	Matthew HUNT	23	Lboro Studen	2:29.20
1	(57)	Paul MARR	17	Belfast Olym	2:25.82
2	(59)	Richard JAGGER	35	Leeds Phoeni	2:22.00
3	(61)	Archie FORRESTER	23	Lboro Studen	2:20.00
4	(63)	Joseph KEELEY	31	Race Pace Yo	2:18.00
5	(62)	Michael CAMPBELL	20	Belfast Olym	2:19.53
6	(60)	Robert ADDIS	20	Lboro Studen	2:20.00
7	(58)	Tom PARK	22	Uni of Birmi	2:25.00
8	(56)	Jack LESTER	23	RASCALS	2:28.00

9	(54)	Sebastian WILKINSON	19	Retford&Dist	2:29.44
Heat Number - 8					
Lane	Comp.No.	Name	AaD	Club	Time
0	(65)	Asier LOPEZ	16	Crawley Town	2:15.00
1	(67)	David LEGGETT	18	Belfast Olym	2:12.25
2	(69)	Ryan WHEELER	29	Beacon LSC	2:08.53
3	(71)	James BLABY	27	Race Pace Yo	2:02.00
4	(73)	Thomas LEGGETT	20	Belfast Olym	1:59.79
5	(72)	Samuel LAWMAN	29	Race Pace Yo	2:01.00
6	(70)	Joshua SKINNER	21	Lboro Studen	2:07.32
7	(68)	Henry RUSSELL ROSS	20	Beacon LSC	2:08.61
8	(66)	Patrick FERRIE	20	Lboro Studen	2:15.00
9	(64)	Aaron MCGREGOR	29	East Kilbrid	2:16.00



Event 405 Female 200m Obstacle Team

Heat Number - 1

Lane	Comp.No.	Name	A.G.	Club	Time
3	(2)	Masters 200+ Bournemou	200+	Bournemouth	3:44.00
4	(4)	12/14 (B) Heanor S&LSC	012+	Heanor S&LSC	3:25.00
5	(3)	15/18 (B) St John Berc	015+	St John Berc	3:25.00
6	(1)	Masters 200+ Blyth LG&	200+	Blyth LG&SC	4:18.11

Heat Number - 2

Lane	Comp.No.	Name	A.G.	Club	Time
0	(6)	Masters 170+ Bournemou	170+	Bournemouth	3:05.00
1	(8)	15/18 (B) North Worcs	015+	North Worcs	3:00.00
2	(10)	12/14 Belfast Olympia	012+	Belfast Olym	3:00.00
3	(12)	Masters 200+ Belfast O	200+	Belfast Olym	2:59.87
4	(14)	12/14 Blyth LG&SC	012+	Blyth LG&SC	2:55.00
5	(13)	12/14 East Kilbride LS	012+	East Kilbrid	2:55.00
6	(11)	12/14 Vale SLSC	012+	Vale SLSC	3:00.00
7	(9)	Open (15+) (C) St John	019+	St John Berc	3:00.00
8	(7)	12/14 South Worcs LGC	012+	South Worcs	3:00.00
9	(5)	15/18 St John Berchman	015+	St John Berc	3:15.00

Heat Number - 3

Lane	Comp.No.	Name	A.G.	Club	Time
0	(16)	Open (15+) (B) St John	019+	St John Berc	2:50.00
1	(18)	12/14 (B) RASCALS	012+	RASCALS	2:46.51
2	(20)	Masters 200+ Crawley T	200+	Crawley Town	2:45.00
3	(22)	15/18 (B) Blyth LG&SC	015+	Blyth LG&SC	2:45.00
4	(24)	15/18 (C) Belfast Olym	015+	Belfast Olym	2:40.39
5	(23)	15/18 (B) Bournemouth	015+	Bournemouth	2:44.00
6	(21)	12/14 Heanor S&LSC	012+	Heanor S&LSC	2:45.00
7	(19)	Open (15+) North Worcs	019+	North Worcs	2:45.00
8	(17)	Open (15+) Torbay&Dist	019+	Torbay&Distr	2:48.75
9	(15)	12/14 (B) Leeds Phoeni	012+	Leeds Phoeni	2:50.00

Heat Number - 4

Lane	Comp.No.	Name	A.G.	Club	Time
0	(26)	Masters 140+ Blyth LG&	140+	Blyth LG&SC	2:40.00
1	(28)	15/18 Leeds LS	015+	Leeds LS	2:40.00
2	(30)	12/14 Bournemouth LGC	012+	Bournemouth	2:40.00
3	(32)	12/14 Leeds Phoenix LS	012+	Leeds Phoeni	2:35.00
4	(34)	12/14 RASCALS	012+	RASCALS	2:31.26
5	(33)	Open (15+) East Kilbri	019+	East Kilbrid	2:35.00
6	(31)	15/18 (B) RASCALS	015+	RASCALS	2:39.22
7	(29)	Open (15+) Heanor S&LS	019+	Heanor S&LSC	2:40.00
8	(27)	Masters 140+ Leeds Pho	140+	Leeds Phoeni	2:40.00
9	(25)	Open (15+) St John Ber	019+	St John Berc	2:40.00

Heat Number - 5

Lane	Comp.No.	Name	A.G.	Club	Time
0	(36)	15/18 Bournemouth LGC	015+	Bournemouth	2:30.00
1	(38)	Open (15+) Beacon LSC	019+	Beacon LSC	2:30.00
2	(40)	15/18 North Worcs LC	015+	North Worcs	2:26.00
3	(42)	15/18 (B) Leeds Phoeni	015+	Leeds Phoeni	2:25.00
4	(44)	Open (15+) RASCALS	019+	RASCALS	2:24.12
5	(43)	Open (15+) (C) Lboro S	019+	Lboro Studen	2:25.00
6	(41)	15/18 (B) Belfast Olym	015+	Belfast Olym	2:25.79
7	(39)	Open (15+) Leeds LS	019+	Leeds LS	2:30.00
8	(37)	12/14 Beacon LSC	012+	Beacon LSC	2:30.00
9	(35)	15/18 Blyth LG&SC	015+	Blyth LG&SC	2:30.00

**Heat Number - 6**

Lane	Comp.No.	Name	A.G.	Club	Time
0	(46)	Open (15+) (B) Blyth L	019+	Blyth LG&SC	2:20.00
1	(48)	Open (15+) Belfast Oly	019+	Belfast Olym	2:18.76
2	(50)	Open (15+) Blyth LG&SC	019+	Blyth LG&SC	2:15.00
3	(52)	15/18 Leeds Phoenix LS	015+	Leeds Phoeni	2:15.00
4	(54)	Open (15+) Lboro Studen	019+	Lboro Studen	2:02.00
5	(53)	15/18 RASCALS	015+	RASCALS	2:08.63
6	(51)	Open (15+) (B) Lboro S	019+	Lboro Studen	2:15.00
7	(49)	15/18 Belfast Olympia	015+	Belfast Olym	2:18.16
8	(47)	15/18 Beacon LSC	015+	Beacon LSC	2:20.00
9	(45)	Open (15+) Vale SLSC	019+	Vale SLSC	2:20.00

Event 406 Open/Male 200m Obstacle Team

Not Competing: 34

Heat Number - 1

Lane	Comp.No.	Name	A.G.	Club	Time
0	(1)	Masters 200+ Heanor S&	200+	Heanor S&LSC	4:30.00
1	(3)	Open (15+) RLSS Boscom	019+	RLSS Boscomb	3:59.00
2	(5)	12/14 (B) Bournemouth	012+	Bournemouth	3:01.00
3	(7)	12/14 (B) Belfast Olym	012+	Belfast Olym	3:00.00
4	(9)	12/14 St John Berchman	012+	St John Berc	3:00.00
5	(8)	Masters 200+ (B) Bourn	200+	Bournemouth	3:00.00
6	(6)	Masters 170+ Heanor S&	170+	Heanor S&LSC	3:00.00
7	(4)	Masters 170+ St John B	170+	St John Berc	3:20.00
8	(2)	Masters 170+ Blyth LG&	170+	Blyth LG&SC	4:00.00

Heat Number - 2

Lane	Comp.No.	Name	A.G.	Club	Time
0	(11)	12/14 (B) RASCALS	012+	RASCALS	2:57.11
1	(13)	12/14 Heanor S&LSC	012+	Heanor S&LSC	2:55.00
2	(15)	Open (15+) Torbay&Dist	019+	Torbay&Distr	2:48.56
3	(17)	12/14 Leeds Phoenix LS	012+	Leeds Phoeni	2:45.00
4	(19)	12/14 Torbay&District	012+	Torbay&Distr	2:40.00
5	(18)	Masters 200+ Bournemou	200+	Bournemouth	2:44.00
6	(16)	15/18 (C) Retford&Dist	015+	Retford&Dist	2:45.00
7	(14)	12/14 Bournemouth LGC	012+	Bournemouth	2:50.00
8	(12)	12/14 North Worcs LC	012+	North Worcs	2:56.00
9	(10)	Masters 200+ St John B	200+	St John Berc	2:59.00

Heat Number - 3

Lane	Comp.No.	Name	A.G.	Club	Time
0	(21)	15/18 (B) Heanor S&LSC	015+	Heanor S&LSC	2:40.00
1	(23)	Masters 140+ Blyth LG&	140+	Blyth LG&SC	2:34.00
2	(25)	15/18 (B) Leeds Phoeni	015+	Leeds Phoeni	2:30.00
3	(27)	12/14 Beacon LSC	012+	Beacon LSC	2:30.00
4	(29)	15/18 (B) Blyth LG&SC	015+	Blyth LG&SC	2:29.00
5	(28)	15/18 (B) Belfast Olym	015+	Belfast Olym	2:30.00
6	(26)	12/14 Belfast Olympia	012+	Belfast Olym	2:30.00
7	(24)	Open (15+) (B) Beacon	019+	Beacon LSC	2:30.00
8	(22)	15/18 (B) Retford&Dist	015+	Retford&Dist	2:35.26
9	(20)	12/14 East Kilbride LS	012+	East Kilbrid	2:40.00

Heat Number - 4

Lane	Comp.No.	Name	A.G.	Club	Time
0	(31)	15/18 St John Berchman	015+	St John Berc	2:28.00
1	(33)	Open (15+) Bournemouth	019+	Bournemouth	2:25.00
2	(36)	15/18 Bournemouth LGC	015+	Bournemouth	2:19.00
3	(38)	15/18 Blyth LG&SC	015+	Blyth LG&SC	2:15.00
4	(40)	Open (15+) St John Ber	019+	St John Berc	2:15.00
5	(39)	Open (15+) Blyth LG&SC	019+	Blyth LG&SC	2:15.00
6	(37)	15/18 (B) Beacon LSC	015+	Beacon LSC	2:18.00
7	(35)	Masters 170+ East Kilb	170+	East Kilbrid	2:20.00
8	(32)	Masters 140+ St John B	140+	St John Berc	2:25.00
9	(30)	Masters 170+ Belfast O	170+	Belfast Olym	2:28.14

Heat Number - 5

Lane	Comp.No.	Name	A.G.	Club	Time
0	(42)	15/18 Heanor S&LSC	015+	Heanor S&LSC	2:15.00
1	(44)	Open (15+) Norwegian L	019+	Norwegian LS	2:13.60
2	(46)	12/14 RASCALS	012+	RASCALS	2:09.80
3	(48)	15/18 Retford&District	015+	Retford&Dist	2:07.05
4	(50)	Open (15+) Heanor S&LS	019+	Heanor S&LSC	2:05.00
5	(49)	15/18 Belfast Olympia	015+	Belfast Olym	2:06.69
6	(47)	Open (15+) (C) Lboro S	019+	Lboro Studen	2:08.00

7	(45)	15/18 Leeds Phoenix LS	015+	Leeds Phoeni	2:10.00
8	(43)	15/18 RASCALS	015+	RASCALS	2:13.92
9	(41)	Masters 170+ North Wor	170+	North Worcs	2:15.00



Heat Number - 6

Lane	Comp.No.	Name	A.G.	Club	Time
0	(52)	Open (15+) East Kilbri	019+	East Kilbrid	2:05.00
1	(54)	Open (15+) (B) Lboro S	019+	Lboro Studen	2:00.00
2	(56)	Open (15+) RASCALS	019+	RASCALS	1:54.26
3	(58)	Open (15+) Lboro Stude	019+	Lboro Studen	1:50.00
4	(60)	Open (15+) Race Pace Y	019+	Race Pace Yo	1:42.00
5	(59)	Open (15+) Beacon LSC	019+	Beacon LSC	1:50.00
6	(57)	Open (15+) Belfast Oly	019+	Belfast Olym	1:52.15
7	(55)	Open (15+) Crawley Tow	019+	Crawley Town	1:54.56
8	(53)	Masters 120+ Leeds Pho	120+	Leeds Phoeni	2:00.00
9	(51)	15/18 Beacon LSC	015+	Beacon LSC	2:05.00

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